



IDAHO OFFICE OF DRUG POLICY

September 2014



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WELCOME STEPHANIE LINDSAY

ODP recently welcomed a new face on staff, Stephanie Lindsay, Sr. Research Analyst.

Stephanie came to ODP from the Boise State University Center for Health Policy, where she worked on various program evaluations proposed to better health outcomes for underserved populations, including low-income mothers and juvenile detainees. Stephanie is excited to use what she has learned to combat substance abuse issues in Idaho. Stephanie has a Bachelor of Science degree in Psychology, and is currently a student in the Master of Health Science program at Boise State University.

A native Idahoan, Stephanie enjoys many different activities including painting

and archery.

DEA INCREASES RESTRICTIONS ON RX PAINKILLERS

By Sabrina Tavernise, The New York Times

NOTE: The Final Rule rescheduling hydrocodone combination products from Schedule III to Schedule II will take effect on October 6, 2014.

WASHINGTON – The federal government has tightened the prescribing for the most common form of painkiller in the country, the final step in a policy shift that has been years in the making.

The stricter rule for hydrocodone, the most widely prescribed painkiller in the United States and which includes drugs like Vicodin, is one of the most far-reaching efforts to stop the growing epidemic of prescription drug abuse, which takes the lives of more than 20,000 Americans every year according to federal data.

The rule places hydrocodone in a tougher, more restrictive category, and the changes it requires are sweeping. Doctors will no longer be able to call in prescriptions by telephone, and patients will not be allowed to get refills on the same prescription, but will have to return to a health care professional to get a new one. The drug will have to be kept in special vaults in pharmacies.

To read more, click [here](#).

REALITY PARTY TOUR DATES

Reality Parties for parents were created to expose the culture of teen parties and alcohol use to parents and caring adults. Parents take a tour through a home set up to portray a "typical" teen party where they can see realistic party activities. They will learn how teens in their community learn about parties and how they get away with going to them.

Each tour is immediately followed by a small group discussion involving local officials impacted by risky behaviors of teens.

Check out the tour dates and locations below to attend a Reality Party near you!

Date	Organizing Coalition	Location	Contact
Tuesday, September 16	Kamiah Community Partners Coalition	Kamiah	Chere Souther we.are.kamiah@outlook.com
Thursday, September 18	Lapwai School District Community Care Team	Lapwai	Shawna Leighton sleighton@lapwai.org
Monday, September 22	Youth Advisory Council	McCall	Sylvia Ryan Sylvia.ryan48@yahoo.com
Monday, October 20	Bannock Youth Foundation	Pocatello	Heather Kemp heather.kemp@byfhome.com
Tuesday, October 21	Bonneville Youth Development Council	Idaho Falls	Alisha Passey bydc@co.bonneville.id.us
Thursday, October 23	Enough is Enough Coalition	Bear Lake	Sharlene Woffinden Sharlene@uidaho.edu

Monday, October 27	Lake Pend Oreille Safe and Drug Free Task Force	Sandpoint	Tammy Palaniuk tammy.palaniuk@lposed.org
Thursday, October 30	Drug Free Idaho/ Meridian Anti-Drug Coalition	Treasure Valley	Rob Stevenson RStevenson@cityofboise.org Brenda Femrite bfemrite@meridiacity.org
Friday, November 3	Salmon School District	Salmon	Sharon Infanger sharoninfanger@gmail.com

IDAHO PREVENTION & TREATMENT RESEARCH (PATR) WEBSITE

The Idaho Prevention and Treatment (PATR) website was designed to provide data at the local-level for state agencies, schools and local communities to assist in tailoring drug and alcohol prevention programs to fit the needs of communities.

PATR contains 7 years of data, 15 factors and 4,620 data points that allow prevention providers to assess how their county compares to the rest of the state.

Check out PATR at patr.idaho.gov.

BETHEPARENTS.ORG

UNDERAGE DRINKING RADIO SPOTS

ODP launched two underage drinking radio spots statewide in May to remind parents of the harms associated with youth drinking and what they can do to help. Check out *Be Annoying* and *Half* by following the link [here](#).

BLOCK GRANT & SPF TRAINING

SPF SIG NEEDS ASSESSMENT WEBINAR

Tuesday, September 16 10AM MST

1. To join the meeting:

<https://global.gotomeeting.com/join/573830725>

2. Join the conference call:

Call in # 888-706-6468

Participant code: 8543045

Meeting ID: 573-830-725

REGIONAL BLOCK GRANT DATA ENTRY TRAINING

Wednesday, September 24 1 PM -- 3PM MST

Region III, Caldwell Department of Health & Welfare, Training Room

FREE ONLINE COURSES

The following Center for Application of Prevention Technologies (CAPT) free online courses will be offered:

Topic: Locating, Hiring and Managing an Evaluator

Dates: September 8th –17th

Contact hours: 5

Topic: Ethics in Prevention

Dates: September 22nd – October 3rd

Contact hours: 6

Contact Marianne King (marianne.king@odp.idaho.gov) or Sharlene Johnson (sharlene.johnson@odp.idaho.gov) if you are interested in the CAPT courses.

Trapped Sober: Idaho's Success in Engaging Youth in Underage Drinking Prevention

Our own local coalition and SPF SIG sub-recipient, Bonneville Youth Development Council (BYDC), is presenting nationally on an Underage Drinking Enforcement Training Center (UDETC) webinar.

Date: Thursday, October 9

Time: 3:00 – 4:00 PM (EST)

Learn more: [UDETC September Newsletter](#)

Register: <http://www.udetc.org/audioconfregistration.asp>

COMMUNITY CLASSES & EVENTS

Free Youth Internet Safety Class

Parents are giving their children devices which enable predators to contact them 24 hours a day in their homes and at school. What education do we have on the dangers of social media? This class will educate you on the dangers of social media and what you can do to protect youth and yourself.

Date: Monday, September 15

Time: 8:30AM –12:30PM MST

Location: Courtyard Marriott

1789 S Eagle Road

Meridian, ID

Contact: Jessica Galloway

jessica@northwestalcoholconference.org

208-371-1283

More information: [PDF Flyer](#)

DEA National Prescription Drug Take-Back Day

The National Prescription Drug Take-Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.

Date: Saturday, September 27, 2014

Time: 10AM-2PM

To find a collection site near you, visit:

http://www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html

PROGRAM SPOTLIGHT

WE SHALL REMAIN

The participants of the Northwest Youth UNITY Conference hosted by the Coeur d'Alene Youth Tribal Programs created a powerful and moving video, WE SHALL REMAIN.

WE SHALL REMAIN was created to address the effects of historical trauma in our tribal communities. Many times, these untended wounds are at the core of much of the self-inflicted pain experienced in Native America. Much like fire, this pain can either be devastatingly destructive or wisely harnessed to become fuel that helps us to rise up and move forward in life with joy, purpose and dignity.



"We Shall Remain"

DRUG TRENDS: ACETYL FENTANYL 15

By McCorton Ackerman

A new and powerful drug that is 15 times stronger than heroin has made its way onto streets and resulted in a wave of emergency room visits across the country.

Acetyl fentanyl is a relative of the painkiller fentanyl, but it's being mixed into street drugs that are marketed as heroin. It's not recognized as having any medicinal benefits in the U.S. and is not regulated in any way, which has led to users being able to easily obtain it. While it is not safe for human use, it has managed to remain legal by the package being labeled as "not for human consumption."



The opiate is typically used intravenously and taken as a substitute for heroin. However, many users are unaware that what they are injecting isn't actually heroin.

"A patient may report heroin use and have symptoms consistent with heroin overdose, but an emergency physician may find that the standard dose of antidote—naloxone—doesn't work," [said](#) scientist John Stogner, from the Department of Criminal Justice and Criminology at the University of North Carolina. "Larger or additional doses are necessary when acetyl fentanyl is responsible. It's never good to lose time between overdose and treatment."

Numerous people throughout the Northeast have died over the last year from overdosing on fentanyl-laced heroin, which is [100 times more powerful](#)

than morphine and typically only given in extreme cases like end-of-stage cancer patients. Dealers have been marketing the drug across the country with names like "Bud Light" and "Income Tax."

The Drug Enforcement Administration warned local authorities last January about the "killer heroin," but also urged them to exercise caution when handling it because fentanyl can be absorbed through the skin.

[Original article here.](#)

MISSION: The Idaho Office of Drug Policy leads Idaho's substance abuse policy and prevention efforts by developing and implementing strategic action plans and collaborative partnerships to reduce drug use and related crime, thereby improving the health and safety of all Idahoans.

VISION: The Idaho Office of Drug Policy envisions an Idaho free from the devastating social, health, and economic consequences of substance abuse.



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STAY IN TOUCH



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