



# IDAHO OFFICE OF DRUG POLICY

*July 2014*



NORTHWEST ALCOHOL CONFERENCE &  
SCHOLARSHIPS,  
NATIONAL PREVENTION NETWORK  
CONFERENCE,  
DABBING & CONCENTRATES EDUCATION,  
PROGRAM SPOTLIGHT – BYDC,

## DRUG TRENDS



Registration is still open for the 6th Annual Northwest Alcohol Conference (NOWAC), July 16–18, 2014 at the Riverside Hotel in Boise, ID.

This conference brings together prevention, treatment, community coalition and law enforcement personnel from over 20 states and 3 countries to tackle the issues of underage drinking, substance use and community safety. Twenty breakout sessions include the following topics:

- Designer Drugs, Fake ID's, Party Patrols
- Getting People Working Together in Coalitions
- Teen Internet Safety
- Rx Pills: Current Trends
- Engaging, Developing & Partnering with Youth
- Influence of Alcohol & Drugs on Grants and Violence
- Drugs & Driving: A Deadly Combination, Teen Impaired Driving Prevention Programs
- Influence of Drug Legalization & Medical Marijuana
- In-Depth look into New Drug Trends, Paraphernalia, Terms and Logos
- Protecting Youth & Building Strong Communities

Registration and additional information can be found at:

<http://www.northwestalcoholconference.org/index.html>

Hope to see you there!

## NOWAC SCHOLARSHIPS AVAILABLE

The Office of Drug Policy is pleased to offer scholarships for the 2014 Northwest Alcohol Conference.

### **Conference Registration Scholarship**

This scholarship will be paid directly to the conference coordinator on behalf of each scholarship recipient.

### **Lodging & Travel**

This scholarship will be reimbursed up to the determined rate for scholarship awardees. Travel depends on where the provider is from. Lodging will be reimbursed up to \$95 per night. Providers are responsible for their own lodging arrangements. Reimbursement will be made after the required documentation is provided.

ODP will offer up to three (3) NOWAC scholarships per DHW region to be selected randomly out of timely submitted applications.

**Application deadline is Thursday, July 3, 2014 by 5:00 PM MST**

[Please see the attached PDF for more information and scholarship application.](#)

Please call Sharlene Johnson at 208-854-3048 if you have questions about the scholarship or scholarship application.

## NATIONAL PREVENTION

## NETWORK CONFERENCE

The National Prevention Network Prevention Research Conference provides a forum to explore the latest prevention research, application and practice to empower and promote positive outcomes in community, state and federal environments. With renewed insights and new learning, prevention professionals, researchers and practitioners contribute to a healthy and balanced society.

The 27th Annual Conference will be held September 15–18, 2014 in Hartford, CT and will focus on "CONNECTing Healthy Communities through Prevention Research and Practice."

[Find more information and registration here.](#)

## DABBING & THE EMERGING TRENDS OF DRUG CONCENTRATES, EDIBLES, E-DEVICES & PARAPHERNALIA

Join Officer Jermaine Galloway in **Twin Falls** for this training that will break down the sweeping trends of drug concentrates and all of the associated new products, terms, paraphernalia and trends. As these new trends have become very popular in recent months, this training is invaluable for all involved in prevention, education, treatment or enforcement to understand these changes in the drug culture.

**WHEN:** Thursday, September 18, 2014  
8:30 AM – 3:00 PM

**WHERE:** Fairfield Inn Marriott, Twin Falls

**COST:** \$65.00 per person

CONTACT: [jessica@tallcopsaysstop.com](mailto:jessica@tallcopsaysstop.com) or 208-371-1283

[Find more information and registration form here.](#)

## PROGRAM SPOTLIGHT – Bonneville Youth Development Council

The Bonneville Youth Development Council (BYDC) holds an annual underage drinking prevention conference, called TRAPPED SOBER each year in November. TRAPPED SOBER is a 3 ½ day youth-led underage drinking prevention



conference for teens in Bonneville County high schools. Youth come together to learn about the dangers of underage drinking and the value of making positive choices. Teens listen to families who had lost loved ones due to alcohol and they hear presentations on marijuana, prescription drug abuse and suicide. Most importantly, they learn leadership and team building skills that ignite a passion to make better choices, to help their peers, and to do more in our community.

One student wrote about her experience saying, "Coming to this conference I didn't know what to expect. But overall it was the best decision I've made. It made me realize drugs and alcohol aren't answers. I want to make a change and show younger kids that underage drinking is bad and to show them the emotional and physical affects."

Another student wrote, "TRAPPED SOBER is something I would recommend for anyone. Whether you've had a hard life, you have addiction problems, you want

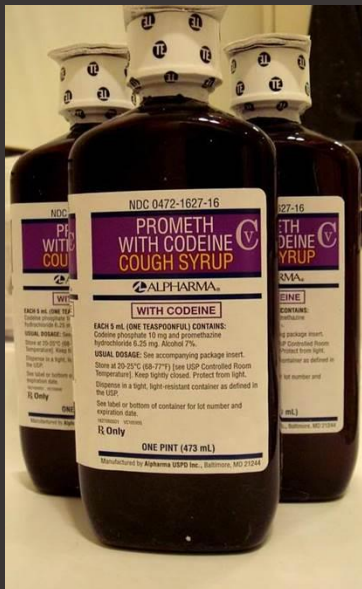
to succeed or you just need family. It has helped me to get closer to the goal of finding who I am and learning how I can one day help others."

TRAPPED SOBER is so much more than educating teens about the dangers of substance abuse, it is about empowering our youth to be passionate leaders to stand for what they believe in and to support each other in staying safe and sober.

## DRUG TRENDS

### "Syrup", "Purple Drank", "Sizzurp", "Lean"

*Fun name, not necessarily fun outcome.*



Sizzurp, or purple drank, is a dangerous recreational drug, usually derived from mixing prescription-strength cough syrups (though sometimes over-the-counter varieties) with soda and candy. Sizzurp users run the risk of developing dependency and overdosing on the main ingredients, codeine and promethazine. These drugs, particularly when combined with alcohol or other drugs, can lead to fainting, difficulty breathing, coma, and even death.

Sizzurp first became popularized in the hip-hop community, but is now thought to have crossed ethnic and cultural boundaries in its growing popularity. Because its main ingredient is a legal substance – cough syrup – sizzurp has made inroads into younger populations who have access to pharmaceutical substances. Sizzurp is used along with alcohol as syrup for cocktails or with marijuana by soaking a blunt in syrup before smoking. Older, more seasoned drug users tend to drink it straight up, sans mixers. Crack cocaine users may also use sizzurp to help mitigate the chest congestion and coughing that come with smoking crack. Both of these uses, which result in higher concentrations of codeine and promethazine, increase the likelihood of

developing an addiction.

When taken for legitimate medical reasons, promethazine/codeine cough syrup carries the risk of dizziness, drowsiness, and/or lightheadedness. These effects are made stronger when combined with alcohol, and because abusers of promethazine/codeine syrup typically take more than the recommended dose, sizzurp users are likely to develop a tolerance to the drug. With increased tolerance and/or subsequent addiction, as users chase the high from sizzurp, overdosing on these potentially lethal substances becomes more likely.

Learn more about this drug trend with NIDA's Community Epidemiology Work Group (CEWG) member and University of Texas Research Scientist, Jane Maxwell, Ph.D:

[https://www.youtube.com/watch?v=RJfYbUfDagI&feature=player\\_embedded](https://www.youtube.com/watch?v=RJfYbUfDagI&feature=player_embedded)

**MISSION:** The Idaho Office of Drug Policy leads Idaho's substance abuse policy and prevention efforts by developing and implementing strategic action plans and collaborative partnerships to reduce drug use and related crime, thereby improving the health and safety of all Idahoans.

**VISION:** The Idaho Office of Drug Policy envisions an Idaho free from the devastating social, health, and economic consequences of substance abuse.



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