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# IDAHO OFFICE OF DRUG POLICY



September 2016



*City of Lapwai earns DFC Grant  
Launch of PMP Gateway  
Upcoming Prevention Training  
Program Spotlight: Clearwater Youth Alliance  
Drug Trends: Kratom Scheduled by DEA*



## City of Lapwai Awarded DFC Grant

[Join us in congratulating Idaho's only current DFC grantee!](#)

The City of Lapwai working in collaboration with the Lapwai Community Coalition (LCC) and other community partners was awarded a Drug-Free Communities (DFC) Support Program Grant. This grant is a five year continuation grant of \$125,000 per year beginning September 30, 2016 through September 29, 2021.

The Lapwai Community Coalition DFC Project has the following goals and strategies:

1. Increase Community Collaboration
2. Reduce Youth Substance use
  - Reduce Youth Marijuana Use
  - Reduce Youth Alcohol Use
  - Reduce Youth Prescription Drug Use Not Prescribed to Them

Measuring the difference the LCC DFC Project will have in Lapwai as a Native community is different than in a non-Native community. Things are measured spiritually and culturally; then by economics and appearance. Starting LCC and beginning dialog between various organizations and groups has already made a difference in Lapwai. The mood is beginning to shift from being

powerless to thinking that individuals can play a part in improving the community and the NiMiiPuu People; empowering community members to take action now. There is a PLAN.

The difference in Lapwai will be one person at a time – if one person (young or old) finds peace, has a better life, or turns their life around; it is worth it. If there is less disruptive behavior, less public intoxication, less marijuana use, underage drinking, and prescription drug abuse, more family activities and healthy people; then the standard of living and quality of life improves.

[Read the Entire Press Release](#)

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## Prescription Monitoring Program Gateway

### The Idaho State Board of Pharmacy announces the launch of the PMP Gateway

*From the Idaho State Board of Pharmacy September 2016 Newsletter*

The Idaho State Board of Pharmacy launched the PMP Gateway in August 2016 to integrate PMP data into pharmacy dispensing systems. The integration allows instant access to PMP data for prescribers and pharmacists without having to separately log onto the Board's PMP web portal.

The Board believes that the PMP Gateway will streamline access and reduce administrative burden on users. As more prescribers and pharmacists access the PMP, this tool will strengthen the fight against opiate abuse.

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## Substance Abuse Prevention Training

### Register today for upcoming prevention training

#### **Saving Young Lives – Youth Suicide Prevention**

Substance use and suicide are often linked. Join Kim Kane, SPAN Idaho, to learn how schools, communities, and families can intervene with a youth in crisis.

- Thursday, September 22, 2016
- 3:30 PM – 5:00 PM
- [Register HERE](#)

## Life Skills Facilitator Workshop (Elementary School)

The Custer County Coalition in Challis is hosting a one day Life Skills Facilitator Workshop.

- Friday, September 30, 2016
- ODP is able to assist grantees with travel and lodging expenses associated with this training
- For more information and to reserve your space, contact Laura Hunt at [custercountycoalition@gmail.com](mailto:custercountycoalition@gmail.com)

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## PROGRAM SPOTLIGHT

### Clearwater Youth Alliance



*Contributed by Kelly Cummins Brumley*

Clearwater Youth Alliance in Orofino sponsors the C.A.M.P. program through the ManiYAC Teen Center. C.A.M.P. stands for Cross Age Mentoring Program.

This curriculum is written by Michael Karcher and teaches youth the importance of having a mentor and being a mentor; peer support skills, and how to mentor younger youth.

Selected students attend a retreat in the spring and practice their mentor skills through the summer so they are ready for the start of school in the fall. Throughout the summer the C.A.M.P. youth mentored students enrolled in Clearwater Youth Alliance's school aged youth program through group mentorship. The eventual goal is to complete the training and be eligible to mentor a younger student one on one. The elementary school counselor will identify students that would be good candidates for this mentorship. In the beginning stages of our C.A.M.P. program we supplemented with personal development to bring the teens to the level needed to complete the C.A.M.P. curriculum.

Another important factor of C.A.M.P. is teen development. Teens are

encouraged to strengthen themselves and develop their character through the principles taught in "The 7 Habits of Highly Effective Teens". Volunteer service is encouraged through this program and the group participates in volunteer service together. A couple of projects that they have participated in are landscaping for the CHEEP daycare and they are working on painting a United States map on the playground at the elementary school.

This program has been a wonderful resource for our teens and has made quite an impact on our community!

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## Drug Trends

### Kratom

The Drug Enforcement Administration (DEA) recently announced that kratom will be added as a Schedule I drug of the Controlled Substances act to



avoid a public safety hazard. Drugs, substances and certain chemicals used to make drugs are classified into five schedules based upon the drug's acceptable medical use and the drug's abuse or dependency potential. Other Schedule I drugs include heroin, LSD, ecstasy and marijuana.

Kratom is a tree native to southeast Asia and historically was used as an herbal drug. Kratom today is ground into pills and powders and sold in a capsule. According to the DEA, "At low doses, kratom produces stimulant effects with users reporting increased alertness, physical energy, and talkativeness. At high doses, users experience sedative effects", similar to opioids. Further, cases of psychosis in kratom users have been documented "where individuals addicted to kratom exhibited psychotic symptoms, including hallucinations, delusion, and confusion".

[Read the DEA Statement](#)

The Idaho Office of Drug Policy leads Idaho's substance abuse policy and prevention efforts by developing and implementing strategic action plans and collaborative partnerships to reduce drug use and related crime, thereby improving the health and safety of all Idahoans.



*We envision an Idaho free from the devastating social, health,  
and economic consequences of substance abuse.*



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