

IDAHO OFFICE OF DRUG POLICY



SEPTEMBER 2017

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Family Day is a Day to Eat Dinner With Your Children
First Responder Dropbox
Program Spotlights:
Idaho Healthy Youth Survey Administration
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Family Day is a Day to Eat Dinner
With Your Children

National Family Dinner Night-September 25,
2017



Make Something Delicious Together on Family Day, Monday, September 25, 2017. Family Day™ is a national effort to promote family dinners as an effective way to reduce youth substance abuse and other risky behaviors, as research by The National Center on Addiction and Substance Abuse at Columbia University consistently finds that the more often children eat dinner with their families, the less likely they are to smoke, drink or use illegal drugs.

Take a photo of your family eating dinner together and share it with us on social media, [Click here to for more information.](#) You will receive a pack of BeTheParents Convo Cards!

Idaho Healthy Youth Survey

Administration

This survey is to obtain targeted, county-level data to inform prevention strategies throughout Idaho.



The Idaho Office of Drug Policy is gearing up to administer the Idaho Healthy Youth Survey this October. This school survey is for students in grades 6th, 8th, 10th, and 12th and contains items about drug use, mental health, school achievement, and other behavioral health factors. The purpose of the survey is to obtain targeted, county-level data to inform prevention strategies throughout Idaho.

Currently, the Idaho Healthy Youth Survey is the only standardized tool available to communities to identify perceptions, opinions, attitudes, and behaviors among youth at the local level. Although state-wide data sources are available for some behavioral health items, in order for local communities, schools, and non-profits to obtain grant funds from state or federal sources, those organizations need to justify targeted actions in their reach.

ODP administers multiple grant opportunities to local communities including the Substance Abuse Prevention Block Grant and the Strategic Prevention Framework State Incentive Grant. Grant directors ask communities to compile these data for their applications, but without standardized methods at the state-level, the community is left with limited capacity to fulfill this need. We see the importance of giving communities the tools they need to do their jobs well with limited resources. We look forward to partnering with Idaho schools to collect invaluable data reflecting the Idaho student experience, thus providing quality data for local government, community organizations, schools, and non-profits to gain grant funds and ensure a bright future for Idaho youth.

For more information about the Idaho Healthy Youth Survey, please visit our website by clicking [here](#).

To find out if your district has registered, contact Stephanie Pustejovsky at Stephanie.pustejovsky@odp.idaho.gov.

Pharmacy Drop Box Program

Kurt's Pharmacy at 1203 Filer Avenue East in Twin Falls.



Kurt Hefner and Chris Johnson

Pictured are Kurt Hefner and Chris Johnson at the newly installed

prescription medication drop box in Kurt's Pharmacy at 1203 Filer avenue East in Twin Falls. The installation of this box was funded by the Office of Drug Policy and Board of Pharmacy's "Pharmacy Medication Take Back Mini-grant". These grants are funded through the 2017 Joint Millennium Fund Committee. Studies have shown that prescription drug drop box programs can be an effective strategy in combating prescription drug abuse. A two-year study of prescription medication drop boxes placed in a rural area concluded that "drug donation boxes can be an effective mechanism to remove controlled substances from community settings" (Gray, Hagemeyer, Brooks & Alamian, 2015). If you are a Pharmacy interested in installing a prescription medication drop box funds are still available. [Visit this link for more information.](#)

The Idaho Office of Drug Policy leads Idaho's substance abuse policy and prevention efforts by developing and implementing strategic action plans and collaborative partnerships to reduce drug use and related crime, thereby improving the health and safety of all Idahoans.



We envision an Idaho free from the devastating social, health, and economic consequences of substance abuse.



STAY IN TOUCH



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